

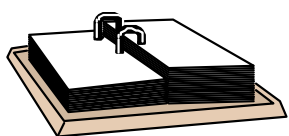
# The Strand

The Newsletter of PRLS

Volume 7 Issue 2

January 1, 2005

## PRLS Calendar



- Jan. 8:** Master PRLS 1  
CLU, Thousand Oaks
- Jan. 15:** Mid-Terms,  
Bakersfield
- Jan. 22:** Mid-Terms, Ventura
- Jan. 29:** Mid-Terms, Santa  
Maria
- Feb. 5:** Master PRLS 1,  
Peaceful Point, Arroyo Grande
- Feb. 26:** Master PRLS 2, CLU,  
Thousand Oaks
- Mar. 12:** Master PRLS 2,  
Peaceful Point, Arroyo Grande
- Apr. 22:** Basic PRLS, Central  
Coast (Fri. before Assembly)

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**Want to be an in-print author? Send your "Strand" contributions by e-mail to [rhm717@adelphia.net](mailto:rhm717@adelphia.net).**

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PRLS Registrar **Mary Howard** asks that those in receipt of the printed version of this newsletter send her your updated e-mail address.  
[mhoward@venturalaw.com](mailto:mhoward@venturalaw.com)

## Joy to the World (Part 2)

**Worry** was the first of the three "Barriers to Joy" mentioned in last month's Leadership Tip. It's easy to say, as Walter Hagen did, that "You're only here for a short visit. Don't hurry. Don't worry. And be sure to smell the flowers along the way."

That saying doesn't cut it when you're the president of a club, and you're also a businessperson concerned about the slow pace of the general economy, married to someone whose desires and goals differ from yours, with a child verging on spending a lifetime doing stupid things. "Smelling the flowers" for you might mean just getting a good night's sleep once every week.

There are entire library shelves, entire television shows and whole websites dealing with "worry" and its brothers and sisters in mental pain, so it's not possible that this short article is the place to cure anyone of the propensity or the necessity.

We can help with the "president of a club," though, because to our worries, Rotary brings hope, not necessarily to us, personally, but to others we

will never meet. Bringing hope to others renews our strength. "They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint."

There are two times to worry: (1) *before* you assume the position and (2) *while* you are serving.

Before you actually gain control of the bell, you can preclude a *lot* of worry later on by just doing what your Governor suggests—



- Go to PRLS, the Presidential Retreat, Mid-Terms and the special training sessions put on by District Staff (Membership and The Rotary Foundation Seminars).
- Attend and pay special attention during PETS and the District Assembly.

- Read and note well the literature available in the Club Officers' Kit, which consists of three booklets: Club President's Manual, Club Secretary's Manual, Club Committee Manual. That's a total of 148 pages of reading. Even with making notes and reading slowly, you're talking about less than a day. Less than a DAY! To bring about a total change in your Rotary outlook and your leadership abilities, less than a DAY!
- Appoint a Kitchen Cabinet of your experienced friends.

While you are serving might seem to you to be too late to clean up your act. Don't continue to think that for more than a second! More help and advice is available than any acting incompetent has any right to expect. One word ("Help!") to the Governor or Assistant Governor is enough.

"Don't Worry, Be Happy" was the theme song during 1989-90, when our motto was "Enjoy Rotary." Determine to bail yourself out. It is *never* too late!



**Recent Basic PRLS  
Graduates**

**Bakersfield, October 2**

**Bakersfield**

Jeff Johnson

**Bakersfield Breakfast**

Patrick Frase

Cecil Martin

Ed O'Donnell

**Bakersfield East**

Dick Giles

Don Ray

Rena Schrader

**Bakersfield South**

John Bacon

**Bakersfield West**

Shanon Burtcher

Bob Long

Sheri McKeighan

Rick McMann

Christina Pavletich

Mike Rubiy

**China Lake**

Elsa Hennings

**Frazier Mtn.**

Maria Fairfield

Candace Huskey

Harley Malloy

Lori Murphy

Pamella Stockham

Don Tait

**Montecito**

Steve Bellamy

**Taft**

Susie Geiger

**Tehachapi**

Donna Sehn

**Westlake Sunrise**

Janine Montoya

The instructors were:

**Steve Goad** (China Lake),

**David Gore** (Goleta Noontime)

and **Doug Hoffman** (San Luis

Obispo Daybreak). Site

coordinator was **Harley Pinson**

(Bakersfield Breakfast).



**Cambria, December 4**

A session in Cambria early last month, with its 46 graduates, was the largest Basic PRLS graduating class ever.



Indeed, it was the first PRLS session of any kind ever held in Cambria. It was the first PRLS session put together by the area coordinators, Bonnie Cameron and Nancy Carr, both Cambria Club members. It was the largest percentage of any one club ever attending a session (38%, Cambria).

Graduates included the following:

**Cambria**

Dan Balfe

Adina Burbank

Mary Ann Carson

Carla Drovdal

Linda Finley

Mavis Griffith

Rich Lewis

Renee Leyba

Craig Marlo

Pam Martens

Michael Minini

Shelly Minini

Lance Morales

Bill Mueller

Dennis Offerman

Bob Putney

Anita Raisola

Dave Siegele

Gina Taylor

Jone Ubbenga.

(Included in the Cambria attendees were seven potential members of Cambria Sunrise, a new club that will be chartered before July 1.)

**Atascadero**

Gina Krumland

**Carpinteria Morning**

Christina C. Martin

Wade Nomura

**Frazier Mountain**

Mitch Wood

**Fresno Airport**

Denise Doyle

**Goleta Noontime**

Edward Gore

Lompoc

Sue Reardon

Morro Bay

Galen Brenner

Keith George

Paso Robles

Douglas Barth

Bob Fonarow

San Luis Obispo

John Nadolski

Dale Wolff

Simi Sunset

Flemming Larsen

Templeton

Nancy Fiske

Vandenberg Village

George McKinney

Ventura South

Jim Griffin

Westlake Village Sunrise

Dmitri Marintchev

The instructors were **Steve Goad** (China Lake), **Stewart Fries** (Solvang), **Jock MacKenzie** (Westlake Village), **Ed Pope** (Westlake Village) and **Doug Hoffman** (San Luis Obispo Daybreak).

PRLS Director **David Gore** (Goleta Noontime) was present to host his nephew, who has been selected for a leadership position in the Boy Scouts. David, obviously, thought the generic nature of PRLS would help the lad in his new assignment within scouting.

**What's Happening?**

There's a lot of "stuff" going on all over the District. Here are the short versions:

1. A program of education and encouragement for possible future District Governor applicants is taking shape. Appropriate announcements

will be sent to those who responded affirmatively in November to a District-wide survey of current and past club presidents.

2. **Cindy Enderby** (Pres., Montecito) is raising funds to construct 25 homes near Bacolod, the Philippine community where our own Dr. **Rick Zander** is administering a Rotary Foundation grant.

3. DGE **Sally Adelblue** (Ventura East) is working on her year in office by concentrating on the Mid-Term Seminars, scheduled as noted above, and on PETS (March 3 – 6 at LAX Marriott), which is being chaired this year by PDG **Arnie Dowdy** (Santa Paula). Details of PETS are shown on the District website

4. Mid-Term Seminars, chaired by **Butch Walls** (Simi Valley), are upon us. Note the dates and places shown above. MPRLS graduates are the organizers, coordinators and facilitators being called upon to support these worthwhile events.

5. A special Basic PRLS session, originated by **Harley Pinson** (Bakersfield Breakfast) has been scheduled April 2 at CalState Bakersfield. A further Basic PRLS session is being organized by **Andy Lupanow** (Westlake Village) to take place in the early Spring in the Thousand Oaks area.



6. Members of the District Grants Committee, chaired by **Anil Garg** (Simi Valley), have

already considered 16 Matching Grants, 15 District Simplified Grants and four Individual Grants this year. The Committee is composed of seven MPRLS graduates.

7. As noted above in the listing of recent Basic PRLS graduates, Cambria Sunrise and Frazier Mountain are new clubs in the process of going through the chartering phase. With the addition of these two new clubs, we will have seventy clubs in our District.

**What Do I Do after I Believe?**

Having completed 90% of my life already, I've found that I can be choosy — I can choose to join things or not, participate in events or not, associate with other people or not, and contribute time and money to projects or not. I can do any darned thing I really want, and I hope that I can remain a wise steward of my time, skills and resources. So what?

So, as you read this, we are all beginning another in what will hopefully be a long period of years belonging to our several clubs. We have made our choices, and Rotary has somehow made the cut.

Now what? Well, now we carry on with even more choices, each of which will depend somewhat on our beliefs. The main question is: "Do I believe that Rotary is still worth the time, effort and money?"

We have, each of us, made a public commitment to Rotary. "We have seen the Four-Way Test and it is us," as perhaps

Pogo would say. We have all received the gift of the spirit of our organization, and our talents are somehow still sought, despite the mistakes some of us have already made. Like a marriage, we have placed ourselves on the line.



“From this day forward, things are going to be different,” some of us have said in our New Year’s resolutions. Sure they are, but mostly through none of our own doing. Situational pressures will, after all, determine much of how we react to the events of the coming year. All we can do to affect things is apply the habits and traits that shape who we are—our hearts, our minds, and our will.

Will those traits be enough to see us through? Probably not. But Rotary is constantly renewing its own image; why can’t we move with it?

Let me submit that we can, but we won’t be able to do it by ourselves. We’ll need the help of the organization to be lifted up, to become (or remain) a community in which we know and encourage each other.

Many of us use Rotary, in part, to show our convictions. Becoming changed in our lives means that we will attract others of like mind who will, from time to time, ask, “What is there about this Rotary business that you like?” I am always prepared to give answer to everyone who

asks that question, but I’m always conscious that I have to do it with gentleness and respect, because Rotary has entrusted me to project some of what we are to a community that badly needs our beliefs.

Is that enough improvement for one year. I certainly hope so!



### Mid-Terms

It is that time of year again for Presidents, Presidents-Elect, and President Elect Nominees to meet. Mid-Terms will be held this month at three locations within the District. Please plan to attend one of these sessions.



January 15 – Sheraton Four-Points in Bakersfield,  
January 22 – Poinsettia Pavilion in Ventura, and  
January 29 – Radisson Hotel in Santa Maria.

A continental breakfast is available in each location starting at 8:00AM, with each session due to start at 8:30. Plan on finishing up around 3:00PM.

Registration forms and general instructions are available on the District website, and were emailed in the middle of December to all potential participants.

The theme for this year’s sessions will be Youth Service. All registrations will be handled by T.L. Butch Walls. The registrations can be emailed to:

[tlwalls@edmsvc.com](mailto:tlwalls@edmsvc.com) or faxed to 805-583-1607.

We look forward to seeing you there.



## District Education & Training Committee

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PRLS Chair: **David Gore**  
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Mid-Term Seminars Chair:  
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